



THE ROCK



Anglican Parish of
Cabersham Saint Peter,
Dunedin, New Zealand

June 2017—Patronal Festival

Sunday Serenade success



Performers in the Sunday Serenade concert which raised over \$750 towards the restoration of the Woodhouse Memorial Window and its installation in Saint Peter's Link. Left to right: Mike Crowl, Sarah Oliver, Nicola Steel, Arnold Bachop, Helen Scott, Kaye Smith and Ralph Miller; Inset: David Hoskins.

PHOTO: ALEX CHISHOLM.

Meet our new Bishop

Father Steven Benford (pictured) will be ordained Bishop of Dunedin in St Paul's Cathedral in September.



- ◆ Archdeacon Bernard Wilkinson remembers the man he knew in Oamaru—page 8
- ◆ Northolt and York—page 6

More online
Follow links from our home page to the official Diocesan announcement, the news release in the *Otago Daily Times* and the website of our Bishop-elect's current parish, St Joseph the Worker, Northolt.



Celebrity Organ Recital

Saturday 15 July 1pm In Saint Peter's Church, Hillside Road



John Linker,

*Director of Music at
ChristChurch Transitional Cathedral*

Performs BACH, MENDELSSOHN, SCHUMANN, NIELAND, LOCKLAIR, SOWERBY and VIERNE



For full programme notes visit Saint Peter's website
www.stpeterscaversham.org.nz



www.stpeterscaversham.org.nz

Rae Read RIP

By Gwen Hudson

When I spoke with women of our church who had known Rae Read over the many years of her presence here, the Rae I had known from a distance came alive. Here was a woman, a committed Christian, who gave of her best to help others. To Saint Peter's Caversham she gave without any expectation of recognition.

How many of today's parishioners know that for forty-five years Rae, after her weekly attendance at the 8.00am service, collected the church linen (much of which she had stitched by hand) washed and when necessary repaired it. Not only did she care for the church linen but she used her incredible skills to create new vestments, a task which requires a high degree of design, technical expertise and construction excellence. Add to this the selection of textiles and trims to meet the demanding standards of the clergy. All this Rae quietly did with limited recognition.

The words of one of her close contacts within the Saint Peter's Guild reflect Rae perfectly. "Rae's creative work for the Guild Sales, sales that over the years raised an enormous amount of money for the church, was exceptional. This generous woman knitted and sewed, she embroidered and quilted but when asked to place a value on her work her response was that it was immaterial, it was her pleasure to give". One of her Guild peers said "The only thing wrong with Rae, this gifted perfectionist who would never have said 'that will do', everything had to be just so, was that she didn't value her own time and effort".

This inability to put a value on her work was exemplified for me when a requirement of a clothing construction project I was involved in required contracting out an aspect of the work. I contracted Rae to create six beaded, embroidered crosses, two of which are pictured at right. The work was beautiful, exactly what I had hoped for, done on time and added significant value to my work. However, Rae defeated my performance objective by refusing payment and I was obliged to falsify my cost sheets.

In 1973, in her mature years, Rae faced the demanding challenges in meeting the requirements of the London City Embroiderers' Guild. Membership of this Guild requires an outstanding competency in all embroidery techniques. Rae had these and the standards required by this award were reflected in all she did. These skills she passed on to others. Each year she tutored at the well-known annual Otago Embroiderers' Guild workshop in Wanaka.

Nothing was a bother to Rae. Each week a group of mainly Anglican women met at her home to embroider. She taught them a lot of embroidery skills by setting small challenges for them to meet and she fed them well. Each afternoon a tempting afternoon tea was served on her best china. The small donations they left were saved and used to treat them to a restaurant meal at the end of each year. For those who could not attend the weekday classes she opened her home to a Saturday group who remember with great fondness all that Rae gave them.

Rae was committed to doing good and her presence remains in the vestments she created and the linens she mended and the unrecognised actions which resulted from money raised by the sale of her work, work which exemplifies her generosity and superior skills.

Rae Read—Remembered for Good. ☞



By Mae Condie

We at Saint Peter's are saddened by Rae's death and also that Saint Peter's could not bid her a formal farewell.

The attributes given to Rae by God were—as I saw them—a beautiful embroideress, an artistic flair for design and a sense of colour, all of which extended into the garden and from the garden into the kitchen. Her afternoon teas were delicious. Her City and Guilds certificate was well deserved.

A great wife and mother who took her daughter and three sons to church (St. Peter The Less) every Sunday, Rae knew the service by heart. The flower arrangements in the church were more than likely arranged by her.

Rae's weekly stitch group was composed mostly of Anglican women from Saint Peter's, though an occasional Presbyterian was admitted! She was a wonderful hostess, a modest fresh flower arrangement on the sideboard, project books, threads, materials etc. on the table and never-to-be forgotten afternoon teas. Her legendary baking skills were let loose—always something scrumptious and deliciously different from last week—and very bad for the figure. Rae always made a good cup of tea.

It was suggested that we put a dollar on the table, two during Winter.

She made sure the room was warm and that was what we thought the money was for. However, at the end of the year Rae always took us out for a Christmas dinner and she would pay for it with the money from the table. Such a generous, modest lady in many ways.

As a family, holidays were spent at their beloved Arrowtown property and stories of their escapades there abound.

Rae also did an incredible amount of handwork for the church. She constructed and sewed a great variety of articles for the annual church fairs. Her work always disappeared from the trestle tables early and to this day, people can be found still using her wares.



PHOTO'S: INFORMATION SERVICES OTAGO LTD.

Apparently, Rae made a set of robes for the church (before my time) and I remember a banner for either Mothers' Union or A.A.W. which was, sadly, used in its final stages as a wrap for treasured moveable church wares.

There was a display of Rae's needlework at her funeral. I remember that at one of our Embroidery Guild exhibitions Rae had stitched a piece imitating a Turkish tile. She had worked it so finely in silk threads that one visitor thought it was out of place because "it was painted". We assured him it was stitched by our Rae.

Although Rae's funeral was not held in Saint Peter's, it was pleasing to see the Reverend Barbara Dineen, the chaplain of Leslie Groves, taking a small part. ☞

Bruce Moore RIP

By The Vicar

In many ways the life of Bruce Moore pivoted around St Mary's Mornington, the Church where he was baptised and where many significant turning points in the lives of he and his family members took place. He would serve this Church in many capacities ranging from stewardship programmes, to youth activities, to grounds maintenance and governance functions. Yet his life in Christ was deepened by involvement with other Anglican parishes. There were the happy years he and Elizabeth had at Holy Trinity Gore. Then there was the transforming experience of the Holy Spirit at St Christopher's Tawa during their Wellington years.



The Reverend Ray Muller had introduced the charismatic movement to St Christopher's, together with the life in the Spirit seminars which would lead many parishioners into an intense experience of the gifts of the Spirit which would bring enthusiasm and commitment into their Christian walk. The charismatic movement came just at the right time as the Church was beginning to experience significant head winds from a society which was losing interest in its Christian heritage. It was also a powerful corrective to the Church's mistaken strategy of trying to blend in with the surrounding secular ethos and to translate its central beliefs and spiritual activities into secular and reductionist categories. The charismatic movement brought a new generation into the life of the Church and deepened the Christian walk of many who were already involved in it. For them prayer and worship became rewarding activities based around what sociologists call an "ecstatic consciousness". They came to have high expectations of God's answers to prayer and his providential involvement in the daily lives of his people. For Bruce and Elizabeth this was a time of considerable spiritual refreshment and an increased tempo of church involvement.

When Bruce's insurance job brought him back to Dunedin, all this energy and spiritual enrichment became available to St Mary's Mornington. Then Vicar Neville Selwood received this influx of charismatic enthusiasm with considerable trepidation but soon found out that Bruce and Elizabeth were a very good thing for the parish's life in several fields of endeavour. This new wine could be safely poured in to old wine skins.

In latter years Bruce and Elizabeth have been worshipping at Saint Peter's, having been driven out of St Mary's by an inexperienced young evangelical Vicar who wanted to create a total revolution in worship, church music and governance structures. They came to enjoy the well-ordered worship, depth of church music and prayerful atmosphere of our Church Services. Yet Bruce continued to help St Mary's in a variety of low key ways.

Bruce died in the hospice having received the last rites of the church. It was a privilege to minister to him day by day as he proceeded to a peaceful and holy death in the sure and certain hope of the resurrection to eternal life.

At his funeral in Saint Peter's testament was paid to his considerable contribution to the tramping club and the insurance industry. He is survived by two sons and a daughter and of course we rejoice to still have Elizabeth with us. 📷

SCOTTISH DRAMA

By Ian Condie



The Jimmy McBeth mentioned in another place had interests other than motor cars and whisky. He was a popular character throughout the district and took part in many of the local activities, the small clubs and hobbies which seemed to be more common and widely patronised in the days before electronic diversions. One of those was the amateur dramatic society. Jimmy loved acting.

There was one year when the club put on a play set in rural Scotland in which the main character was the father of a farming family with parts as his daughters, wife, daughters' suitors etc.. The main part suited Jimmy to perfection. He looked the part being the right age, jovial and somewhat corpulent, and he loved applause.

One of the acts required Jimmy's character to be seated in the middle of the stage and facing the audience, feet apart, hands on knees, acting the old fashioned *pater familias*. The piece was a domestic comedy but soon after the curtain went up on the act Jimmy must surely have sensed that lines such as, "shut the door, lassie, there's a terrible draught here" are not really all that humorous and yet they were bringing forth gales of laughter from the audience. Indeed, as time went on, it seemed that some of the weaker members of the



Scottish Drama?

IMAGE: WWW.THEIMAGINATIVECONSERVATIVE.ORG.

audience might go off in hysterics at any moment but Jimmy, believing he was giving the performance of a lifetime, carried on from strength to strength.

Alas, Jimmy had forgotten an action he had performed in the interval. Not only that but an act he had forgotten to perform. It was the local Minister—with tears of mirth streaming down his cheeks—who, with the last of his strength took his programme and a pencil to make a prompt for the actor and held up a rough notice that went—"Jimmy, your fly's undone".

The reaction was immediate and sent the audience, young and old, male and female, into the last paroxysms of appreciation. Alas, there was neither reporter or photographer from the local newspaper present. 📷

Letters

The Rock welcomes letters to the Editor. Letters are subject to selection and, if selected, to editing for length and house style. Letters may be :
Posted to : The Editor of The Rock,
c/- The Vicarage, 57 Baker
Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to:
TheRockEditor@stpeterscaversham.org.nz

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.
Write to: Ask The Vicar, c/- The Vicarage as above
Or email:
AskTheVicar@stpeterscaversham.org.nz

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:
Posted to : Ask The Vestry, c/- The Vicarage as above
Emailed to:
AskTheVestry@stpeterscaversham.org.nz



Nutritious

Fruit and vegetable targets for disease prevention



By Alex Chisholm

Following on from last month's *Nutritious* on 'happy fruit and vegetables' and some advice on storage comes the published



PHOTO.: SUPPLIED.

report of a recent analysis which highlights the potential benefits of increased targets for fruits and vegetables in disease prevention.

For many years now guidelines from various countries with quite different dietary patterns have been in agreement on the health benefits of eating fruit and vegetables, in particular non-starchy vegetables. The general advice has been to eat several servings of a variety of different colours each day and in New Zealand the rule was '5 per day'—generally 3 vegetables and 2 fruits. Recommendations then evolved to include a combined target weight of least 400 grams per day. This most recent analysis—a very large review and meta-analysis—was published this year by a group of experts from Norway, the UK and USA. They wanted to clarify the types and amounts of fruits and vegetables which would most reduce the risk of cardiovascular disease,

total cancer and all cause mortality. As a result of their investigations they found an intake of 600 grams (7.5 servings) per day to reduce the risk for total cancer. For

coronary heart disease, stroke, cardiovascular disease and all-cause mortality the lowest risk was observed at 800 grams (10 servings) per day. This level of intake is double the five servings (400 grams) per day currently recommended by the World Cancer Research Fund, the WHO, in England and by some health authorities in New Zealand.

However, it may also be the case that people who consume more fruit and vegetables may eat fewer unhealthy foods and have reduced disease risk due to an overall healthier life style. Nevertheless, the authors state 'a change in the diet towards a higher intake of fruit and vegetables and other plant foods could also

have other important health—as well as environmental—benefits' and 'our meta-analysis provides further support for public health recommendations and interventions to increase fruit and vegetable intake'.

References:

Aune D, Giovannucci E, Boffetta P, Fadnes LT, Keum N, Norat T, Greenwood DC, Riboli E, Vatten LJ, Tonstad S. Fruit and vegetable intake and the risk of cardiovascular disease, total cancer and all-cause mortality—a systematic review and dose-response meta-analysis of prospective studies. *Int J Epidemiol.* 2017 Feb 22. doi: 10.1093/ije/dyw319. [Epub ahead of print]

<https://www.ncbi.nlm.nih.gov/pubmed/28338764>

LESPERANCE, LUCY. The concise New Zealand food composition tables / L. Lesperance... [et al.].— 8th ed. — Palmerston North, N.Z.: New Zealand Institute for Plant & Food Research ; [Wellington, N.Z.] : Ministry of Health, 2009. ISBN 978-0-9864540-1-1



Putting it into practice

Variety is as important as quantity because the various fruits and vegetables have a range of vitamins and minerals as well as essential anti-oxidants. Coloured non-starchy vegetables in particular are nutrient dense—that is they are relatively low in energy (calories) but high in nutrients. Thus the advice is to eat a variety of types and colours in order to give your body the mix of nutrients it needs.

Try to include green and dark leafy vegetables, as well as salads; brightly coloured red, yellow and orange vegetables and fruits and cooked tomatoes. Table 1 gives you an example of how you could reach the target of 800 grams per day. When including a high proportion of salad vegetables it may be better to go by number of servings rather than aiming for a target weight, as raw salad vegetables weigh much less than for example cooked root vegetables. Don't forget that vegetables in soups and in cooked mixed dishes, and fruit in desserts also count.

Example of vegetable and fruit servings for approximately 800 grams

◆ 5 medium Brussels sprouts	103g
◆ ½ cup of boiled yams	75g
◆ ½ cup cauliflower	138g
◆ 1 Tomato	127g
◆ 1 Orange	128g
◆ ½ cup stewed pears	130g
◆ 1 small banana	128g
Total	829g

Table 1.

In Saint Peter's Garden



By Warwick Harris

Saint Peter's Gate

This is not about a conspiracy and break-ins, but does involve a cover up and subsequent inquiries.

My hope is that the article will provide a little more enlightenment about the history of Saint Peter's by gleaning it from the memories of parishioners.

One gardening diversion is what turns up when soil is cultivated to reveal plant and animal materials and objects of human origin which have been lost or discarded.

I have been puzzling over the entrance on Baker Street. A side gate, of foot path width, remains intact. On one side of the main entrance, wide enough to allow vehicle entry, a short section of iron gate still swings on its hinges. On the other side a single hinge pin

remains on the concrete post to indicate that once a wider section of gate swung from there allowing the gate to be shut. Does anyone remember the gate being shut or how it became de-hinged?

Recently I moved a "Silver Spear" *Astelia* from our home garden to plant in the Church garden. More specifically, this selection from



Clockwise from top left: Revealed gate; Garden gate to the Vicarage; Gate awaiting reunion; Gateway to the past and future.

PHOTO'S: DEIRDRE HARRIS.

the Chatham Island endemic *Astelia chathamica*, is a robust tufted species characterised by silvered green leaf blades with a metallic sheen. In its native area it prefers wet peaty soils but in cultivation it can grow well in drier places. Dunedin's cooler climate favours it and it can be seen thriving in the shady areas of the Exchange in Dunedin City.

A gap to be filled with a plant was found on the Baker Street fence line adjacent to the gateless gate post. Usually this shady area is covered by oak leaf-litter and onion weed and needs brightening up. Digging a hole to plant the *Astelia* soon met a metallic clunk. Careful excavation revealed the lost section of gate with the missing hinge rusted on to it. How many years had it lain buried?

The lost gate section is now propped up against the Baker Street fence waiting a decision on its future. Can it be restored to its original purpose? Should it be recycled via the recycling bin? Or can it just be allowed to rust away in Saint Peter's garden awaiting rediscovery by a future garden working bee or occasional gardener?

Father Hugh suggested that on wet days the gate could control vehicle entry into the garden to unload gear into the lounge and hall for functions. This would avoid damage, as has happened before, to the lawn.

It was good to see the gateway used as an appropriate place of departure from Saint Peter's for Bruce Moore following his funeral. Not long ago Bruce apologised to me that his health did not allow him to take part in the autumn garden working bee, a task he had undertaken in earlier years.

Histories of the other gateways of Saint Peter's would be interesting. Those with memories relating to them are encouraged to write them down and send them to The Editor (addresses on page 3) 📧

Ignatian Retreat

Our Vicar was out of the parish in June on an Ignatian Retreat, a retreat based on the *Spiritual Exercises of Saint Ignatius of Loyola* (pictured at right). The exercises are a compilation of meditations, prayers and contemplative practices which grew out of Ignatius of Loyola's (born 1491) personal experience as a man seeking to grow in union with God and to discern God's will. He kept a journal as he gained spiritual insight and deepened his spiritual experience. He added to these notes as he directed other people and discovered what "worked". Eventually

Ignatius gathered these prayers, meditations, reflections and directions into a carefully designed framework of a retreat, which he called "spiritual exercises". Traditionally, and often still, the retreat is for four weeks, though now shorter forms are available.

Week 1: A time of reflection on our lives in light of God's boundless love for us.

Week 2: Meditations and prayers teaching us how to follow Christ as his disciples.

Week 3: Meditation on Christ's Last Supper, passion and death.

Week 4: Meditation on Jesus' resurrection and his apparitions to his disciples. 📧

SOURCE: IGNATIANSPIRITUALITY.COM ©, A MINISTRY OF THE CHICAGO PROVINCE OF THE SOCIETY OF JESUS (JESUITS)



The Caversham Lectures 2017



Tuesday, 7 November : *Life with Big Brother* : Professor Andrew Geddis discusses our current legal and human rights in the light of recently enacted surveillance and counter-terrorism legislation



Tuesday, 14 November : *Soul Maintenance* : Professor of Biomedical ethics Grant Gillett, whose research interests are in psychiatry, philosophy and neuroscience, on the theme of soul making, soul keeping and curating the soul



Tuesday, 21 November : *Wrongful Conviction* : Associate Professor Rachel Zajac, University of Otago psychology department specialist in forensic psychology, looks at what goes wrong when wrongful convictions occur



Tuesday, 28 November : : Archbishop Sir David Moxon. *The current state of Anglican Roman Catholic relations*



Tuesday, 5 December : *Citizen Stylist project* : Dr Margo Barton, who teaches fashion at the Otago Polytechnic, will speak about her *Citizen Stylist* project which was

initiated in response to comments from the public such as “love emerging fashion, but could never wear it” and furthermore to comments from emerging designers like “my collection is too conceptual to be worn by anyone except models.” She may bring a few items so the audience can have a dress up.

Northolt and York

Father Steven Benford spent ten years in York (see map at right), which Wikipedia.org says is “a historic walled city at the confluence of the rivers Ouse and Foss in North Yorkshire, England...The city was founded by the Romans as Eboracum in 71 AD. It became the capital of the Roman province of Britannia Inferior, and later of the kingdoms of Northumbria and Jórvík. In the Middle Ages, York grew as a major wool trading centre and became the capital of the northern ecclesiastical province of the Church of England, a role it has retained”.



From York, Father Benford moved to St Joseph the Worker in Northolt ...



So where is Northolt?



Our Bishop-to-be, Steven Benford, is currently Vicar of St Joseph the Worker in Northolt, London. This map highlights that parish and various other London sites recently in the news or with a special connection to Saint Peter's.

Key: 1 St Joseph the Worker, Northolt; 2 Grenfell Tower; 3 All Saints Margaret Street; 4 Westminster Abbey; 5 Houses of Parliament; 6 Lambeth Palace; 7 St Paul's; 8 London Bridge

MAP: GOOGLE MAPS

Regular Services

(for variations consult *The Pebble* or our website)
All services are held in Saint Peter's unless noted otherwise

SUNDAY:

8am: Holy Communion according to the Book of Common Prayer
10.30am: Solemn Sung Eucharist
5pm: **first Sunday of the month only** : Evensong and Benediction followed by a social gathering in the lounge.

THURSDAY:

10am: Eucharist

FIRST THURSDAY OF EACH MONTH:

11am: Eucharist in the lounge of Frances Hodgkins Retirement Village, Fenton Crescent

Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

Parish Contacts:

VICAR:

Father Hugh Bowron,
The Vicarage, 57 Baker St., Caversham, Dunedin,
New Zealand 9012.
(03) 455-3961
Vicar@stpeterscaversham.org.nz

CHURCH WARDENS:

Vicar's Warden:

Tubby Hopkins
(03) 454-2399
VicarsWarden@stpeterscaversham.org.nz

People's Warden:

Kate Paterson
(03) 455-5384
PeoplesWarden@stpeterscaversham.org.nz

VESTRY SECRETARY:

Vestry@stpeterscaversham.org.nz

DIRECTOR OF MUSIC

AND PARISH CENTRE MANAGER:

David Hoskins
Telephone: (03) 453-4621
ParishCentre@stpeterscaversham.org.nz

FINANCE:

Danielle Harrison
(03) 455-0759
Finance@stpeterscaversham.org.nz

The Rock is published by The Anglican Parish of Caversham, Dunedin, N.Z.

EDITORIAL TEAM:

David Scoular
Telephone (03) 454-6004
TheRockEditor@stpeterscaversham.org.nz
The Vicar, Father Hugh Bowron
Telephone (03) 455-3961
The Vicarage, 57 Baker Street
Vicar@stpeterscaversham.org.nz

ADVERTISING QUERIES:

TheRockAds@stpeterscaversham.org.nz

PRE-PRINT SERVICES BY: Information Services Otago Ltd.

PRINTED BY: Dunedin Print Ltd.



Vestry Notes

No Vestry meeting was held in June as the Vicar was out of the parish at an Ignatian retreat.

The Frolicsome Friar



Three philosophers walk into a bar. One turns to the other two and says, "Clearly this is a joke, but how can we figure out if it's funny or not?" The second replies, "We can't know that because we're inside the joke." The third says, "Of course it's funny. You're just telling it wrong."



"I know adding beer when barbequing reduces health risks, but I think you're supposed to add it to the meat."

SOURCE: WWW.HOWTOGEEK.COM.

Church Ladies with Typewriters

- ◆ The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon
- ◆ Low Self Esteem Support Group will meet Thursday at 7pm. Please use the back door.
- ◆ The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement on Friday at 7pm. The congregation is invited to attend this tragedy.

For your diary

Tuesday, 27 June : Fellowship meets at The Planetarium—afternoon tea

Sunday, 2 July : Patronal Festival and parish lunch outing

Saturday, 15 July : Celebrity Organ Recital. John Linker, the music director at the Christchurch transitional Cathedral

Tuesday, 25 July : Fellowship Winter Christmas Dinner—details to be advised

Tuesday, 22 August : Fellowship visit to Toitu Otago Settlers Museum then afternoon tea

Tuesday, 26 September : Fellowship Afternoon tea at Glenfalloch

Tuesday, 24 October : Fellowship meets at The Christmas House—afternoon tea

Tuesday, 7 November : *Caversham Lecture*. Dr Andrew Geddis discusses our current legal and human rights in the light of recently enacted surveillance and counter-terrorism legislation

Sunday, 12 November : Armistice Day Service at 10.30am

Tuesday, 14 November : *Caversham Lecture*. Professor of Biomedical ethics Grant Gillett on the theme of soul making, soul keeping and curating the soul

Tuesday, 21 November : *Caversham Lecture*. Rachel Zajac, University of Otago psychology department, specialist in forensic psychology. *Wrongful Conviction—what goes wrong when wrongful convictions occur*

Sunday, 26 November : Feast of Christ the King. Archbishop David Moxon presides and preaches

Tuesday, 28 November : Fellowship Christmas lunch at St Barnabas

: *Caversham Lecture*. Archbishop David Moxon. *The current state of Anglican Roman Catholic relations*

Tuesday, 5 December : *Caversham Lecture*. Dr Margo Barton. *Citizen Stylist project*



Impressions of a Bishop

By Archdeacon Bernard Wilkinson

A few years ago Anne and I were in the United Kingdom, and while there we were able to visit and worship in the parish of St Luke's York. There we appreciated a dignified liturgy, carefully ordered worship, and meaningful use of Scripture and sermon. At the social time following, we were well looked after by parishioners, and learned of the effective way in which the parish ticked.

We were not surprised of course, because the vicar there was my former GP, my friend, and my parishioner. Dr Steve Benford, with his wife Lorraine and four young children, set up a medical practice in Oamaru some years ago. It was a mark of his medical ministry that before long the practice had to close its books - it could not cope with the number wishing to join. When Steve's election as Bishop was announced here in Oamaru, one parishioner said "Gosh - I went to him with a vein issue and I told him I was scared stiff. And he prayed with me!" It was his concern for the under-privileged that led him to set up a free medical practice in Oamaru in evenings.

He always kept a Bible in his waiting room.

In time the family returned to the United Kingdom (the land of his birth). While continuing his medical career, especially in his first love, anaesthetics, he yielded to the call which could not be denied—the call to ordination. While continuing part-time medical work, he was appointed vicar of St Luke's part-time, and so medicine and ministry met and worked together.

After ten years in York, the parish of St Joseph the Worker in Northolt, London, sought his ministry, and so began three years fulltime in a very different community. Steve says he had thirty five different ethnicities in its congregation. When they prayed the Lord's Prayer in worship, he encouraged each to do so in their own language. Talk about the tongues of Pentecost !!!

[A man] "with all those attributes you would hope for in your Bishop."

On a brief visit to New Zealand earlier this year, Steve became aware that the diocese of Dunedin was looking for a new Bishop. He allowed his name to be tossed in the hat—and the rest is history.

What sort of man have we asked to be our chief Shepherd? Well, I can tell you. A man who above all knows God, talks with Him and listens to Him. A man who has a desire to serve by serving the people of God. A people-person. With all those attributes you would hope for in your Bishop.

He has no illusions about the task before him, or the difficulties we face in this diocese. But he will also believe that with God to lead us, we can achieve anything.

Just wait and see. 📧



STEWART Construction Ltd

Registered mb nzjmf
Member Builders Assoc NZ

29 Fox Street South Dunedin Ph 03 455 2057
Fax 03 455 5959
Cell 0274 360 097

■ Construction ■ Homes ■ Joinery ■ Kitchens ■ Design

☑ Alterations	☑ Maintenance
☑ Joinery	☑ Kitchens
☑ Commercial	

www.stewartconstruction.co.nz

Life is full of changes

Family, friends, finances, locations... life is constantly changing.

You will notice that Gillions changes too. We are always looking for new and improved ways to help you get through one of life's most difficult tasks. With up-to-date technology and a high level of expertise, our staff are here for you.

GILLIONS
FUNERAL SERVICES

Ph: 03 455 2128 [24 hour]
407 Hillside Rd, Sth Dn, 9012
www.gillions.co.nz

Justin Welby
The Archbishop of Canterbury

♦♦ In the wake of so much sorrow—the tragic attack in Manchester, the Coptic Christians killed as they travelled to pray—it would be easy, or perhaps even natural, to despair. But as Christians we believe we are called to hope. Praying *Thy Kingdom Come* is a statement of hope, a declaration of our belief in the difference that only God can make. It's not open to most of us to make decisions that heal the nations, or even our local communities. But it is open to all of us to live lives and pray prayers that bring purpose and hope. 📧

The Archbishop presented Thought For The Day on BBC Radio 4's Today programme on 1 June.

More online :

Read a transcript of the Archbishop's Thought For The Day at:

<http://www.archbishopofcanterbury.org/articles.php/5873/archbishop-gives-radio-4-thought-for-the-day>